# Psychiatric patient monitoring based on a dynamical recurrence analysis of multidimensional wearable sensor data

Michaela-Areti Zervou Foundation for Research and Technology-Hellas, Heraklion, Greece George Tzagkarakis Foundation for Research and Technology-Hellas, Heraklion, Greece Panagiotis Tsakalides Foundation for Research and Technology-Hellas, Heraklion, Greece

### **ABSTRACT**

Human activity recognition (HAR) is encountered in a plethora of applications such as pervasive health care systems. This work proposes a novel self-tuned HAR architecture for feature extraction and accurate recognition of certain leisure activities, by modeling directly the inherent dynamics of multidimensional wearable sensor data in higher-dimensional phase spaces. Results show that our method is able to detect target activities in a large data set with high precision and recall scores.

### **KEYWORDS**

Human activity recognition, multidimensional recurrence quantification analysis, nonlinear data analysis, wearable sensors

### 1 INTRODUCTION

Psychiatric patient monitoring aims at characterizing both mood and behavioral trends by recording activity data over a period. Apart from daily activities such as sleep and food intake, patients might, for instance, stop a leisure activity when depressed, or vigorously practice for several hours in a manic episode [1]. To this end, we propose an alternative approach for accurate human activity recognition, which exploits the temporal variability of the underlying dynamical system that generates the data associated with a specific activity. Along these lines, multidimensional Recurrence Quantification Analysis (mdRQA) will be exploited to perform a sophisticated nonlinear analysis of sensor streams.

## 2 MULTIDIMENSIONAL RECURRENCE QUANTIFICATION ANALYSIS

Given a multidimensional time series of length N we reconstruct the corresponding phase space representation as,

$$\begin{pmatrix} \mathbf{v}_{1} \\ \mathbf{v}_{2} \\ \vdots \\ \mathbf{v}_{N_{s}} \end{pmatrix} = \begin{pmatrix} \mathbf{x}_{1,1} & \mathbf{x}_{2,1} & \cdots & \mathbf{x}_{D,1} \\ \mathbf{x}_{1,2} & \mathbf{x}_{2,2} & \cdots & \mathbf{x}_{D,2} \\ \vdots & \vdots & \ddots & \vdots \\ \mathbf{x}_{1,N_{s}} & \mathbf{x}_{2,N_{s}} & \cdots & \mathbf{x}_{D,N_{s}} \end{pmatrix}$$
(1)

where D is the number of dimensions of the time series,  $x_{i,j} = (r_j, r_{j+\tau}, \dots, r_{j+(m-1)\tau}), i = 1, \dots, D, j = 1, \dots, N_s$ , with m being the embedding dimension,  $\tau$  the delay and  $N_s = N - (m-1)\tau$  the number of states.

In our proposed approach, each state vector  $\mathbf{v}_i = (\mathbf{x}_{1,i}, \mathbf{x}_{2,i}, \dots, \mathbf{x}_{D,i})$  is converted to a matrix  $\mathbf{X}_i$  as follows,

$$\mathbf{X}_{i} = \begin{pmatrix} \mathbf{x}_{1,i} & \mathbf{x}_{2,i} & \cdots & \mathbf{x}_{k,i} \\ \mathbf{x}_{k+1,i} & \mathbf{x}_{k+2,i} & \cdots & \mathbf{x}_{2k,i} \\ \mathbf{x}_{2k+1,i} & \mathbf{x}_{2k+2,i} & \cdots & \mathbf{x}_{3k,i} \\ \vdots & \vdots & \vdots & \vdots \\ \mathbf{x}_{(l-1)k+1,i} & \mathbf{x}_{(l-1)k+2,i} & \cdots & \mathbf{x}_{lk,i} \end{pmatrix}$$
(2)

where i = 1, ..., N,  $k = \lfloor \sqrt{D} \rfloor$  and  $l = \lfloor D/k \rfloor$ .

The equivalent multidimensional Recurrence Plot (mdRP) can be defined as an array of points positioned at the places (i, j) in a square matrix such that,

$$\mathbf{R}_{i,j} = \Theta\left(\varepsilon - \|\mathbf{X}_i - \mathbf{X}_j\|_F\right), \quad i, j = 1, \dots, N_s,$$
 (3)

where  $\mathbf{X}_i, \mathbf{X}_j$  are state matrices,  $\varepsilon$  is a threshold,  $\|\cdot\|_F$  is the Frobenius norm and  $\Theta(\cdot)$  is the Heaviside step function, whose discrete form is defined by

$$\Theta(n) = \begin{cases} 1, & \text{if } n \ge 0 \\ 0, & \text{if } n < 0 \end{cases}, n \in \mathbb{R}.$$
 (4)

The threshold  $\varepsilon$  is chosen as a certain percentile of the distance distribution of states [2]. The resulting matrix R exhibits the main diagonal,  $R_{i,i}=1, i=1,\ldots,N_s$ , also known as the *line of identity* (LOI). A major advantage of RPs is that they can also be applied to rather *short* and even *nonstationary* data. The visual interpretation of RPs, which is often difficult and subjective, is enhanced by means of several numerical measures for the quantification of the structure and complexity of RPs [3]. The corresponding quantification measures are computed in small windows, which are then merged to form our feature matrix. Finally, a linear-kernel Support Vector Machine (SVM) is applied on the feature matrix for activity recognition.

#### 3 CONCLUSIONS AND FUTURE WORK

In this work, we designed and implemented an automated HAR architecture based on a representation of multidimensional wearable sensor data in higher dimensional phase spaces using a novel multidimensional RQA method for capturing the underlying dynamics of the data. The experimental evaluation on real leisure data revealed the superiority of our multidimensional RQA-based framework in accurately monitoring mood disordered patients.

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